

RUSSELL M. LAFRANCE

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PROFESSIONAL EMPLOYMENT

Hamilton Orthopaedic Surgery and Sports Medicine **September 2013 – Current**

BOARD CERTIFICATION

America Board of Orthopaedic Surgery **July 2015**

TEAM PHYSICIAN

Utica College **August 2013 – Current**

FELLOWSHIP

Kerlan-Jobe Orthopaedic Clinic
Fellowship in Sports Medicine **August 2012 – July 2013**

RESIDENCY

University of Rochester Medical Center
Department of Orthopaedics and Rehabilitation **June 2007 – June 2012**

EDUCATION

University at Buffalo School of Medicine and Biomedical Sciences
M.D. **August 2003 – May 2007**

Cum Laude Graduate
Deans Letter of Commendation 2004, 2005

Cornell University
B.S. in Biological Sciences **August 2000 – May 2002**

Cum Laude Graduate
Deans List Spring 2001, Fall 2001, Spring 2002

University of Scranton
Major: Biology
Deans List Fall 1998, Spring 1999, Fall 1999, Spring 2000 **August 1998 – May 2000**

AWARDS

Carl M. Harris Award for Outstanding Patient Care and Education **2012**

JBJS/OREF Resident Journal Club Grant **2011**

American Orthopaedic Association Emerging Leaders Program **2011**

American Orthopaedic Association Resident Leadership Forum **2011**

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| Alpha Omega Alpha Honor Society | 2007 |
| Journal of Orthopaedic Trauma Best Orthopaedic Teaching Resident | 2010 |
| Pre-operative Planning Award at the AO Basic Fracture Course | 2010 |
| Coaches Award – University of Scranton Wrestling | 1998 |

PUBLICATIONS

Lafrance, R. M., B. Giordano, J. Golblatt, I. Voloshin, and M. Maloney, (2010). "Pediatric tibial eminence fractures: evaluation and management." *J Am Acad Orthop Surg* **18**(7): 395-405.

Goldblatt, J. P., R. M. LaFrance, et al. (2009). "Managing meniscal injuries: The diagnosis." *The Journal of Musculoskeletal Medicine* **26**(9): 343-351.

Goldblatt, J. P., R. M. LaFrance, et al. (2009). "Managing meniscal injuries: The treatment." *The Journal of Musculoskeletal Medicine* **26**(12): 471-477.

LaFrance, R. M., J. T. Gorczyca, and M. D. Maloney. (2012). "Anterior cruciate ligament reconstruction failure after tibial shaft malunion." *Orthopedics* **35**(2): e267-271.

Tsurumi A, Xia F, Li J, Larson K, Lafrance R, Li WX. "STAT Is an Essential Activator of the Zygotic Genome in the Early Drosophila Embryo." *PLoS genetics*. 2011;7(5):e1002086.

Video Program, www.vumedi.com : "Arthroscopic Repair of a Tibial Eminence Fracture."
LaFrance, R., Maloney, M., and Giordano, B.

Video Program, www.vumedi.com : "Arthroscopic Repair of an Acute PCL Femoral Peel Off."
LaFrance, R., Ketz, J., Maloney, M., DeHaven, K., and Giordano, B.

Wes Madsen, Zaneb Yaseen, Russell LaFrance, Toni Chen, Hani Awad, Michael Maloney, and Ilya Voloshin (2013). "Addition of Suture Anchor for Coracoclavicular to a Superior Locking Plate Improves Stability for Type IIb Clavicle Fractures." *Arthroscopy* **29**(6): 998-1004

LaFrance, R.M., W. Madsen, Z. Yaseen, B. Giordano, M. Maloney, I. Voloshin (2013). "Relevant anatomic landmarks and measurements for biceps tenodesis." *Am J Sports Med*. **41**(6): 1395-9

LaFrance, R.M, R. Williams, W. Madsen, M. Maloney, C. Drinkwater, and B. Giordano (2014). "The Prevalence of Radiographic Criteria of femoral acetabular impingement in patients undergoing hip arthroplasty surgery." *Geriatric Orthopaed Surg Rehabil*. **5**(1):21-26

LaFrance, R.M., R. Kenney, B. Giordano, K. Mohr, J. Cabrera, and J. Snibbe. "The effect of platelet enriched plasma on clinical outcomes in patients with femoroacetabular impingement following arthroscopic labral repair and femoral neck osteoplasty." *Journal of Hip Preservation Surgery*. 2015.

PODIUM PRESENTATIONS

“CAM Morphology May Influence Age at Which Patients Undergo Hip Arthroplasty.” Russell LaFrance, MD; Richard Williams, MD; Wes Madsen MD; Michael Maloney MD, Christopher Drinkwater, MD; and Brian Giordano, MD. The American Orthopaedic Association. Denver, CO. June 11-15 2013.

“The Effect of Coracoclavicular Fixation on the Stability of Type IIB Distal Clavicle Fractures Fixed with a Superior Locking Plate and Screws.” Wes Madsen, MD; Zaneb Yaseen, MD; Russell LaFrance, MD; Hani Awad PhD; Michael Maloney MD and Ilya Voloshin, MD. American Academy of Orthopaedic Surgeons – American Shoulder and Elbow Surgeons Sub Specialty Day. Chicago, IL. March 23 2013.

“PRP Treatment for Acute Lateral Ankle Sprains: Can We Achieve an Earlier Return to Sport?” LaFrance, R.M, B. Giordano, J. Goldblatt, I. Voloshin, and M. Maloney. R. Plato Schwarz Resident Graduation. Rochester, NY. May 2012.

“The Effect of Coracoclavicular Fixation on the Stability of Type IIB Distal Clavicle Fractures Fixed with a Superior Locking Plate and Screws.” Wes Madsen, MD; Zaneb Yaseen, MD; Russell LaFrance, MD; Hani Awad PhD; Michael Maloney MD and Ilya Voloshin, MD. The American Orthopaedic Association. Washington DC. June 27-30 2012.

“Sub-Pectoral Biceps Tenodesis: Are We Restoring the Resting Tension on the Biceps?” Russell LaFrance, MD; Wes Madsen, MD; Zaneb Yaseen, MD; Brian Giordano, MD; Michael Maloney, MD; and Ilya Voloshin, MD. Saratoga Seminars. Saratoga Springs, NY. August 5-6 2011.

“Fracture and Dislocations about the Elbow.” Russell M. LaFrance, MD. University of Rochester Orthopaedic Trauma Conference. Rochester, NY. October 2008

“Classification of Acetabular Fractures.” Russell M. LaFrance, MD. University of Rochester Orthopaedic Trauma Conference. Rochester, NY. January 2010

“Pediatric Fractures of the Knee and Tibia.” Russell M. LaFrance, MD. University of Rochester Orthopaedic Trauma Conference. Rochester, NY. May 2010

“Fractures and Dislocations of the Proximal Humerus.” Russell M. LaFrance, MD. University of Rochester Orthopaedic Trauma Conference. Rochester, NY. September 2010

“Fractures and Dislocations of the Knee.” Russell M. LaFrance, MD. University of Rochester Orthopaedic Trauma Conference. Rochester, NY. April 2012

“Growth and Development of the Skeleton.” Russell M. LaFrance, MD. University of Rochester Orthopaedic Basic Science Conference. Rochester, NY. September 2009

“Metabolic Bone Disease.” Russell M. LaFrance, MD. University of Rochester Orthopaedic Basic Science Conference. Rochester, NY. May 2011

“CAM Morphology May Influence Age at Which Patients Undergo Hip Arthroplasty.” Russell LaFrance, MD; Richard Williams, MD; Wes Madsen MD; Michael Maloney MD, Christopher Drinkwater, MD; and Brian Giordano, MD. The American Orthopaedic Association. Denver, CO. June 11-15 2013.

“CAM Morphology May Influence Age at Which Patients Undergo Hip Arthroplasty.” Russell LaFrance, MD; Richard Williams, MD; Wes Madsen MD; Michael Maloney MD, Christopher Drinkwater, MD; and Brian Giordano, MD. International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine. Toronto, CA. May 12-16 2013.

“Distal Clavicle Fractures with Conoid and Trapezoid Disruption: Is Coracoclavicular Fixation Needed?” Zaneb Yaseen, MD; Wes Madsen, MD; Russell LaFrance, MD; Tony Chen, PhD; Hani Awad PhD; John Goldblatt, MD; Michael Maloney MD and Ilya Voloshin, MD. International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine. Toronto, CA. May 12-16 2013.

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“Sub-Pectoral Biceps Tenodesis: Are We Restoring the Resting Tension on the Biceps?” LaFrance, R.M., Z. Yaseen, W. Madsen, B. Giordano, M. Maloney, I. Voloshin. International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine. Toronto, CA. May 12-16 2013.

“Sub-Pectoral Biceps Tenodesis: Are We Restoring the Resting Tension on the Biceps?” LaFrance, R.M., Z. Yaseen, W. Madsen, B. Giordano, M. Maloney, I. Voloshin. The American Orthopaedic Association. Washington DC. June 27-30 2012.

“Sub-Pectoral Biceps Tenodesis: Are We Restoring the Resting Tension on the Biceps?” LaFrance, R.M., Z. Yaseen, W. Madsen, B. Giordano, M. Maloney, I. Voloshin. AANA Meeting. Orlando Florida. May 17-19 2012.

“Sub-Pectoral Biceps Tenodesis: Are We Restoring the Resting Tension on the Biceps?” LaFrance, R.M., Z. Yaseen, W. Madsen, B. Giordano, M. Maloney, I. Voloshin. ASES 2012 Closed Meeting. Sea Island, GA. October 11-14, 2012.

“The Effect of Coracoclavicular Fixation on the Stability of Type IIB Distal Clavicle Fractures Fixed with a Superior Locking Plate and Screws.” Wes Madsen, MD; Zaneb Yaseen, MD; Russell LaFrance, MD; Hani Awad PhD; Michael Maloney MD and Ilya Voloshin, MD. AANA Meeting. Orlando Florida. May 17-19 2012.

“Distal Clavicle Fractures with Conoid and Trapezoid Disruption: Is Coracoclavicular Fixation Needed?” Zaneb Yaseen, MD; Wes Madsen, MD; Russell LaFrance, MD; Tony Chen, PhD; Hani Awad PhD; John Goldblatt, MD; Michael Maloney MD and Ilya Voloshin, MD. AANA Meeting. Orlando Florida. May 17-19 2012.

GAME COVERAGE/TEAM PHYSICIAN

Team Physician Utica College

I have provided coverage as an assistant team physician for several professional teams including the Los Angeles Dodgers, the Los Angeles Lakers, the Los Angeles Kings, and the Anaheim Ducks. I have also provided coverage for several collegiate and high school teams in the Los Angeles area as a fellow at the Kerlan-Jobe Orthopaedic Institute.

I have provided coverage as the resident physician for the Rochester Americans, an American Hockey League team, the Rochester Rhinos, a United States Soccer Federation Division 2 Professional League team, the Rochester Rattlers, a Major League Lacrosse professional men's team, and several local high school football teams. This involves on field coverage during the game as well as time spent evaluating athletes in the training room before and after the game.

PROFESSIONAL ORGANIZATIONS

American Academy of Orthopaedic Surgeons
 American Orthopaedic Society for Sports Medicine
 Arthroscopy Association of North America

COURSES

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| 13 th International Sports Medicine Fellows Conference – Comprehensive Approaches to Articular Cartilage Repair and Hip Arthroscopy Carlsbad, CA | January 2013 |
| AO Basic Principles and Techniques of Operative Fracture Management Ft. Lauderdale, FL | September 2010 |
| AO Advance Principles and Techniques of Operative Fracture Management Las Vegas, NV | November 2011 |
| Upstate New York Musculoskeletal Basic Science Course Rochester, NY | March 2010 |
| Advanced Trauma Life Support Rochester, NY | February 2008 |

WORK EXPERIENCE

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| VA Medical Center, Buffalo, NY, Department of Orthopaedics Research Fellow | September 2010 – May 2010 |
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Designed a data acquisition model to collect patient data on a handheld mobile device intended to create clinic and operative notes.

University of Rochester, Department of Biomedical Genetics

Laboratory Technician

September 2002 – August 2003

Performed lab techniques such as PCR, Western Blot, Cell Culture Transfection, and Molecular Cloning while working to characterize the role of the Drosophila Stat protein in the expression of the Dpp gene.

TEACHING EXPERIENCE

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| Teaching Assistant for "Animal Physiology Experimentation" | 2001 |
| Cornell University | |

EXTRACURRICULAR ACTIVITIES

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| Varsity Wrestling | 1998 |
| The University of Scranton | |
| Sprint Football | 2000 |
| Cornell University | |

PERSONAL INTERESTS

Spending time with my wife and three children
Hiking
Fishing
Hunting
Golf
Running