

ACL Reconstruction – Medications

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You will receive multiple medications for your surgery. They are for pain, nausea, and anti-inflammatory medication.

1. OxyContin 10 mg – This medication is taken every 12 hours for three days beginning on the night of your surgery. You will receive 6 pills. By taking this medication, you will get more level pain control and have fewer spikes in your pain. Do not drive while taking OxyContin.
2. Percocet (Oxycodone/Acetaminophen) – This is another narcotic pain medication. It can be taken every 4 hours as needed for pain. You can start taking this the day of your surgery once you begin to have discomfort. It is okay to take this at the same time as the OxyContin if needed. Do not drive while taking Percocet.

Taking the OxyContin and Percocet can lead to constipation. You can use several different medications available at the pharmacy such as Colace to help with this if needed.

3. Mobic – This is a nonsteroidal anti-inflammatory (NSAID) that can help significantly with your pain and swelling after surgery. You begin this the day after surgery. Do not combine with other NSAIDs such as motrin, ibuprofen, Aleve, Advil, etc. If you have indigestion, upset stomach, or intolerance to NSAIDs then talk to Dr. LaFrance regarding this medication.
4. Zofran (Odansetron) – This is medication for nausea. You take this only as needed.