

## Hip Arthroscopy – Medications

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Orthopedic Surgeon & Sports Medicine

You will receive multiple medications for your surgery. They are for pain, nausea, and anti-inflammatory medications. The anti-inflammatory medications (Naprosyn) is used to prevent bone from growing in the muscle/soft tissues around your hip.

1. OxyContin – This medication is taken every 12 hours for three days beginning on the night of your surgery. You will receive 6 pills. By taking this medication, you will get more level pain control and have fewer spikes in your pain. Do not drive while taking OxyContin.
2. Percocet (Oxycodone/Acetaminophen) – This is another narcotic pain medication. It can be taken every 4 hours as needed for pain. You can start taking this the day of your surgery once you begin to have discomfort. It is okay to take this at the same time as the OxyContin if needed. Do not drive while taking Percocet.

Taking the OxyContin and Percocet can lead to constipation. You can use several different medications available at the pharmacy such as Colace to help with this if needed.

3. Ambien (Zolpidem) – This is a medication to help sleep for the first week after surgery. This is only taken if needed.
4. Zofran (Odansetron) – This is medication for nausea. You take this only as needed.
5. Naproxen (Naprosyn) – This is a nonsteroidal anti-inflammatory (NSAID) that is used to prevent bone from growing in the muscle around your hip after surgery. Take this medication twice day for 4 weeks beginning the day after surgery. If you have indigestion, upset stomach, or intolerance to NSAIDs then talk to Dr. LaFrance regarding this medication. Do not take other NSAIDs (motrin, Aleve, ibuprofen, Advil, etc) while taking Naprosyn.